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1440 G St NW
Washington D.C.
20005



Spring 2018 Presidential Youth Fitness Program Grant Opportunity¹ School Application Worksheet

This worksheet is provided to help you gather the information needed to complete your online application. You must be registered on pyfp.org to access the application. Applications accepted January 23, 2018- noon ET on March 2, 2018. Schools may request up to \$1000 in resources.

Eligibility Requirements

- Schools requesting funds must:
 - Employ a certified physical educator on a full or part-time basis.
 - Have not received funds through the 2016 or 2017 grant opportunity to support implementation of the Presidential Youth Fitness Program
- Individual responsible for using the resources (physical educator) must have completed or will complete the *Getting Started with the Presidential Youth Fitness Program* online training or at least one module from the *Empowering Fitness Education Champions* (e.g., PYFP in-person training) no later than the application closing date (noon ET on March 2, 2018). A certificate of completion for those completing the in-person training must be emailed to info@pyfp.org by noon ET on March 2, 2018.

Additional Detail

- Schools with a completed School Health Index (SHI) or SHI-based assessment through the Healthy Schools Program or Action for Healthy Kids or the Fuel Up to Play 60 School Wellness Investigation will receive priority consideration. Note: SHI **MUST** be completed before the application is submitted.
- Funded schools will be expected to complete a short survey at the end of the school year in which resources are used, and no later than March 1, 2019.
- The District Application is slightly different. If there are more than 10 schools in a district interested in funding, please send a message to info@pyfp.org. Districts with less than 10 schools applying will need to submit an application for each school using the standard school application.
- Schools will not receive a check. The resources provided by the grant opportunity will come directly from the vendor(s) of those resources.

¹ This is a private funding program administered by the National Fitness Foundation. This is not a government grant program. The availability and administration of this funding opportunity, including the selection of recipients and all other decisions of the funding program, are not endorsed by any federal agency nor office. No federal funds are being used in or for the administration or awarding of this private funding opportunity.

School Selection

Only applications meeting the eligibility requirements (see above) will be considered. Priority will be given to schools in the following order regardless of the date of submission:

- Title 1 status with **at least 60%** free/reduced lunch that have completed the School Health Index (SHI) and have not been funded through the 2016 or 2017 PYFP grant opportunity.
- Title 1 schools that have completed the SHI and have not been funded through the 2016 or 2017 PYFP grant opportunity.
- Non-Title 1 Schools that have a completed SHI and have not been funded through the 2016 or 2017 PYFP grant opportunity.
- Title 1 schools that have not completed the SHI and have not been funded through the 2016 or 2017 PYFP grant opportunity

Remaining applications will be considered in sequential order based on date of application submission until funds are exhausted.

Application Questions

General Information

School & District Name	
School Address (Street, City, State, Zip)	
Grades Attended in School & Total Student Population	
Month Resources Requested (May, August, September 2018)	
School Health Index Completed (If Yes, Through Which Program)	

Contact Information (Include title, phone number, email address)

Name and Contact Information of Person Submitting Application	
Name and Contact Information of Person Responsible for Administration of the Program (if different from person submitting application)	
Name and Contact Information of Principal	
Name and Contact Information of Person Who Will Receive Program Resources	

School Environment

Are health promotion activities available to school staff	
Does the school qualify for Title 1 status and, if so, what percentage of students qualify for free/reduced lunch	
Adequate facilities and equipment are available for physical education instruction and for classroom teachers to offer physical activities	
Are school facilities available to families after school hours and are there facilities/programs in the community that are available to students/families that promote physical activity	
Classroom teachers offer opportunities for students to be physically active	

Current Physical Education/Fitness-Related Instruction

Standards-based physical education curricula and lessons are used	
Student physical activity is tracked	
Teachers help students set physical fitness goals	
Teachers help students measure and track student nutrition and set nutrition goals	
Awards are used to incentivize student progress towards physical fitness	
(Physical education) Teacher has participated in professional development to interpret student data in the past 2 years	

Current Fitness Assessment Information

Is a fitness assessment used now, if yes, which one	
Teachers use fitness assessment data to inform curriculum decisions and develop lessons to meet student needs	
Are students recognized for their performance on the fitness assessment	

Resources Requested

Item	Cost	Quantity	Total
<i>Physical Education for Lifelong Fitness</i> , 3 rd ed: The Physical Best Teacher's Guide	Hard copy: \$39.00		
Physical Best Activity Guide, 3 rd ed: Elementary Level or Middle/High School Level	Hard copy: \$29.00		
Brockport Physical Fitness Test Manual 2 nd Edition (Hard Copy)	\$42.00		
FitnessGram® Administration Manual, 5 th ed (includes code to access web resources including test cadences and demonstration videos)	\$33.15		
Tumbling Mat 1.5"-2" thickness TBD (Size options: 4x6 or 5x10)	4x8: \$295 5x10: \$442		
Portable Scale (non-digital)	\$81		
Rounded Lane Markers (set of 48)	\$57		
Measuring Wheel (standard)	\$85		
Modified Pull-Up Bar	\$261		
Stadi-O-Meter	\$108		
Sit and Reach Box	\$141		
Height Chart	\$26.00		
Resistance band (covered tubing w/ handles)	Extra light resistance: \$16.14 Light resistance: \$17.84 Medium resistance: \$19.54 Heavy resistance: \$21.24		
Stopwatch (EKHO K-150 or similar)	\$10.00		
Curl-up Strip- 3"	\$5.94		

Curl-up Strip – 4.5”	\$5.94		
Flexible Ruler	\$1.95		
FitnessGram cue card set	\$21.24		
FitnessGram poster set	\$42.49		
Presidential Youth Fitness Award (Grades 4-12)	Magnet: \$1.75		
	Medal: \$3.00		
	Patch: \$1.75		
	“Made in Phys Ed” Presidential Youth Fitness Award T-shirt (youth and adult sizing): \$10.50		
2018 Presidential Youth Fitness Program T-shirt (youth and adult sizing)	\$10.50		
Presidential Youth Fitness Program Notebook	\$10.00		
Grades K-3 PYFP Fitness Club Kit (includes poster, 30 student certificates, teacher instruction sheet)	\$15.00		
Grades K-3 PYFP Fitness Club Student Certificate	\$0.50		
Grades K-3 PYFP Fitness Club Classroom Poster	\$5.00		
Presidential Active Lifestyle Award (PALA+) for ages 6+	Patch: \$1.75		
	T-shirt (youth and adult sizing): \$10.50		

****Pricing is approximate and may be different at the time the online application opens.**

***Tax (for some schools) and shipping are not reflected in the above prices and, therefore, quantities may be reduced to cover shipping and tax (where applicable).**



Get on the Fast Track to a "Fit" School

Apply to receive supplemental resources of the Presidential Youth Fitness Program.

What is the Presidential Youth Fitness Program Grant Opportunity?

Through a generous donation of \$10 million from the General Mills Foundation (the largest single donation in the foundation's history), schools have gained access to supplemental resources including:

- Virtual and in-person trainings
- Supporting texts
- Assessment equipment
- Student recognition items

The National Fitness Foundation will provide an annual opportunity for schools and school districts nationwide to receive these supplemental items. Learn about the eligibility requirements and funding parameters.

Funding Eligibility Requirements:

- Schools must employ a certified physical educator on a full or part-time basis.
- Individual responsible for using the resources (physical educator) must have completed or will complete the Getting Started with the Presidential Youth Fitness Program online training or at least one module from the Empowering Fitness Education Champions (e.g., PYFP in-person training) no later than the application closing date (noon ET on March 2, 2018). A certificate of completion for those completing the in-person training must be emailed to info@pyfp.org (mailto:info@pyfp.org) by noon ET on March 2, 2018.
- Schools funded through the 2016 or 2017 Presidential Youth Fitness Program grant opportunity are not eligible.

Funding Parameters

- Schools may request up to \$1000 in resources.
- Schools with a completed School Health Index (SHI) or SHI-based assessment through the Healthy Schools Program or Action for Healthy Kids or the Fuel Up to Play 60 School Wellness Investigation will receive priority consideration. Note: SHI must be completed before the application is submitted.
- Applications will be accepted until noon ET March 2, 2018.
- Funded schools will be expected to complete a short end of funding survey.
- If there are more than 10 schools in a district interested in funding, please send a message to info@pyfp.org (mailto:info@pyfp.org). Districts with less than 10 schools applying must complete a separate application for each school.
- Schools will not receive a check. The resources provided by the funding opportunity will come directly from the vendor(s) of those resources. Schools may not request resources valued at more than \$1000 (including shipping and, where applicable, tax)
- Title 1 schools will receive priority consideration in the following order: (1) Applications submitted by Title 1 schools with at least 60% free/reduced lunch that have a completed SHI, (2) All Title 1 schools and (3) non-Title 1 schools with a completed SHI, (4) Title 1 schools that have not completed the SHI. Any remaining eligible applications will be considered in sequential order based on the date the application is submitted until funds are exhausted.

2018 Funding Information

Use the Funding Application Worksheet (<doc/Spring-2018-PYFP-School-Funding-Application-Worksheet.pdf>) to gather the information you need to apply online beginning **January 23**. Districts with 10+ schools use the District Application Worksheet (<doc/2018-District-Funding-Application-Worksheet.pdf>).

[Log In to Apply for Funds \(https://members.pyfp.org/\)](https://members.pyfp.org/)

Funding 101 Toolkit

Don't let lack of funds be a barrier to providing quality physical education programming in your school.

[Download the Funding Toolkit \(doc/Funding_101_Toolkit.pdf\)](doc/Funding_101_Toolkit.pdf)

Making Fitness a Priority

Join schools and districts nationwide that have already received funding to bring the supplemental resources of the Presidential Youth Fitness Program to their schools. See what schools and districts are participating in the Presidential Youth Fitness Program.

[View list of funded schools and districts \(participating-schools\)](#)

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