

Goal 2: Support Student and Staff Well-Being

Measureable Objective 1: The district will provide comprehensive programs and services to support students in social, emotional, and physical well-being.

Measures: Youth Risk Behavior Survey, Prevention Needs Assessment, *Olweus Bullying Questionnaire* (OBQ) and reduce bullying by 20% by 2021 as measured by the OBQ, referral tracking system, physical education grade level assessment

Strategy 1: Positive Social Norming Campaign

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
1.1 Engage students utilizing: 1. Direct mailing 2. Social media 3. Radio ads 4. Texting or other mass communications 5. Print media 6. Newsletters	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

1.1 - Youth to Youth Coalition: Empowers students to impact their school and community through substance abuse prevention.

- Creates a social norm change through hands-on activism and advocacy
- Implemented at Sage Valley Junior High School
- Advisor is Carmen Toole
- 10-15 students
- Students will learn about local issues, develop social skills, and take action.
 - Youth Risk Behavior Survey (YRBS) and the Prevention Needs Assessment (PNA)
 - Campbell County statistics
 - Substance abuse use and crime rates
 - Students will learn about local issues, develop social skills, and take action.
- Students will work on:
 - Presentations and public speaking

- Media productions (radio, video, text)
- Working with the press
- Activism
- Policy development
- Pop culture influences, etc.
- Students will create partnerships with:
 - Local Campbell County Prevention Coalition (CCPC)
 - Police
 - Parents
 - Schools
 - Businesses
 - Media outlets
 - Religious leaders
 - City Council
 - Other community leaders

07/19/17

1.1 - Students 4 Change (S4C) empowers students to impact their school and community through substance abuse prevention at the school level. Our district has partnered with our local Drug-Free Communities Grant Coordinator to increase prevention efforts within the school system.

- S4C participated in National Drug and Alcohol Facts Week January 23-27.
- Students designed banners and posters with facts about drugs and alcohol.
- Daily social media posts on the Sage Valley Facebook Page.
- Daily Video Morning Announcements at Sage Valley on facts about drugs and alcohol.
- Proclamation by the City of Gillette for Kick Butts Day March 2017.
- Presented to and influenced Camel Lanes Bowling Center and Family Fun Frontier Center to approve a smoke free facility the week of March 12-18.
- Social Media and Radio Ads—Basin Radio produced ads for social media and radio broadcasts including a video on cigarette facts. Radio Ads on facts about tobacco were aired for a week.
- Chalk the Walk event where facts were written about the harmful effects of smoking.
- S4C Participated in de-stressing Sage Valley students with a stress-less booklet.
- S4C has partnered with, and became a chapter of, Students Against Destructive Decisions (SADD).

1/23/18

1.1 - Students 4 Change is in their second semester of operation. Mission: Our goal is to help our school and community live better by being

drug, alcohol, and tobacco free. We will share information and provide positive opportunities to have fun!

- Summer 2017 students had a teen dance to fundraise for 2017-2018 school year.
- Students did an educational photography/hiking workshop with Monte Stiles where they learned about drug-free lifestyle/natural high.
- Analyzed 2016 Prevention Needs Assessment (PNA) document.
- Students focused on team and relationship building as well as acceptance and kindness.
- Participated in Red Ribbon Week to promote drug/alcohol/tobacco-free living.
- Students 4 Change partnered with Campbell County Prevention Council for a large recruitment event on December 21.
- Future event planning: Kick Butts Day in March and School/Community photo project.

Campbell County School District has partnered with Wyoming Association of Sheriffs and Chiefs of Police and continued partnership with Drugs Free Community Grant Coordinator to establish student coalitions in four secondary schools.

9/11/18

1.1 - Students 4 Change (S4C) is in their second year of operation.

- Established a S4C chapter at Twin Spruce in the spring.
- Kick Butts Day event in March: S4C SVJH and TSJH chapters were the only youth coalition to participant in Wyoming. Thirty-two youth and thirteen adults in the community participated in chalking the town with anti-tobacco and vaping messages. SVJH participated in the Cups in the Fence activity with anti-tobacco and vaping messages.
- Twelve students attended the Wyoming Youth Summit over the summer.
- We are currently working on making a larger presence in the school and community.
- S4C will present during the Northeastern Wyoming Prevention Summit. National and local individuals will present information on marijuana, vaping, opioids and the impact of impaired driving.
- Future event planning: Kick Butts Day in March, school/community photo project, and Zombie Walk for the medication take back event.
- We are in the process of establishing two additional student coalitions in the high schools.
- We are scheduled to do 300 anti-Juuling/Vaping public service announcements (PSA's) with Basin Radio over the next six months. We hope to incorporate a social norms message into the PSA's in the very near future during this campaign. The first PSA's will be recorded on Tuesday, September 11, 2018.

Strategy 2: Targeted Support for Students Requiring Interventions

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
2.1 Provide referrals as appropriate for: 1. Mental health services	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

2. Substance abuse services								
3. Primary care services								

12/13/16

2.1 – See Behavioral Health Services (BHS) data in Strategy 3.

07/19/17

2.1 – See Behavioral Health Services (BHS) data in Strategy 3.

09/11/18

2.1 – See Behavioral Health Services (BHS) data in Strategy 3.

Strategy 3: School-Based Health Care Center (Kid Clinic)

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
3.1 Collaborate with Campbell County Health in support of the Kid Clinic.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
3.2 Use existing referral process.	07/01/2016	6/30/21	In Progress	In Progress	In Progress, but Modified	In Progress		
3.3 Enhance and develop partnerships for the use of mobile clinic.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

3.1 and 3.2 – The Kid Clinic is in its fourth school year of operation during the 2016-2017 school year and is again experiencing record breaking growth. Here is the snapshot of the growth since the district started to keep data in 2014.

- Medical Services – First week of school through the week before Thanksgiving
 - 2014 - 204 students received services
 - 2015 - 577 students received services = 183% increase in traffic from 2014
 - 2016 - 854 students received services = 48% increase in traffic from 2015
- Behavioral Health Services – First week of school through the week before Thanksgiving
 - 2014 - 141 referrals
 - 2015 - 167 referrals = 18.5% increase in referrals from 2014

- 2016 - 189 referrals = 13% increase in referrals from 2015
- Transportation-First week of school through the week before Thanksgiving
 - 2014 – The district was not collecting data at that time
 - 2015 – 147 students were transported for appointments
 - 2016 – 336 students were transported for appointments
- Completed intakes to referrals – August through October
 - 2014 - 51/99 = 51.5% completion rate with 2 FT counselors on staff during that time
 - 2015 - 77/141 = 54.6% completion rate with 2 FT counselors on staff during that time = 6% increase from 2014
 - 2016 - August to October - 88/144 = 61.1% completion rate having 2 FT counselors in August, 1.5 Counselors in September and 2.5 Counselors in October = 12% increase from 2015

3.3 – Mobile Unit – The district used the mobile unit for the Vaccine for Influenza Prevention (VIP) program. As of 11/23/2016 the district has vaccinated 2288 students, with a few students still presenting at public health for their vaccines.

07/19/17

3.1 and 3.2 – The Kid Clinic completed its fourth year of operation.

- Medical Services – First week of school through the end of the school year
 - 2014-2015 - 1315 students received services (“students” indicates single or multiple visits by the same student)
 - 2015-2016 - 1874 students received services = 43% increase in traffic from 2014-2015
 - 2016-2017 - 2703 students received services = 44% increase in traffic from 2015-2016
- Behavioral Health Services – First week of school through the end of the school year
 - 2014-2015 - 403 referrals
 - 2015-2016 - 512 referrals = 27% increase in referrals from 2014-2015
 - 2016-2017 - 392 referrals = 23% decrease in referrals from 2015-2016 (Kid Clinic reached capacity for referrals in April, and referrals were made to private counselors.)
- Transportation - First week of school through the end of the school year
 - 2014-2015 – The district was not collecting data at that time
 - 2015-2016 – 1168 students were transported for appointments
 - 2016-2017 – 1556 students were transported for appointments = 33% increase from 2015-2016
- Completed intakes to referrals – First week of school through the end of the school year
 - 2014-2015 - 240/403 = 59.5% completion rate with two full-time & two part-time counselors on staff during that time
 - 2015-2016 - 77/512 = 71.1% completion rate with three full-time counselors and bringing in extra staff to do intakes during that time = 20% increase from 2014/16
 - 2016-2017 - 334/392 = 85% completion rate having three full-time counselors, one part-time counselor, and bringing in staff to do intakes = 20% increase from 2015-2016

3.3 – Mobile Unit: Currently we are looking at options to partner with different agencies to utilize our Mobile Unit more effectively. We are

in the exploration phase.

1/23/18

3.1 and 3.2 - The Kid Clinic is in its fifth school year of operation during the 2017-2018 school year. A snapshot of the growth since the district started to keep data in 2014 follows:

- Medical Services – First week of school through the week before Thanksgiving
 - 2014 - 204 students received services
 - 2015 - 577 students received services = 183% increase in traffic from 2014
 - 2016 - 854 students received services = 48% increase in traffic from 2015
 - 2017 - 742 students received services = 13.1% decrease in traffic from 2016. Kid Clinic provider was on maternity leave, substitute provider was unable to serve Medicaid patients.
 - Behavioral Health Services – First week of school through the week before Thanksgiving
 - 2014 - 141 referrals
 - 2015 - 167 referrals = 18.5% increase in referrals from 2014
 - 2016 - 189 referrals = 13% increase in referrals from 2015
 - 2017 - 162 referrals = 14.3% decrease in referrals from 2016. Referrals are no longer being referred to Student Support Services (SSS) by counselors or nurses in the School District. Parents are asked to contact Kid Clinic directly.
 - Transportation-First week of school through the week before Thanksgiving
 - 2014 - The district was not collecting data at that time
 - 2015 - 147 students were transported for appointments
 - 2016 - 336 students were transported for appointments
 - 2017 - 459 students were transported for appointments
 - Completed intakes to referrals – August through October
 - 2014 - 51/99 = 51.5% completion rate with 2 full time (FT) counselors on staff during that time
 - 2015 - 77/141 = 54.6% completion rate with 2 FT counselors on staff during that time
 - 2016 - August to October - 88/144 = 61.1% completion rate having 2 FT counselors in August, 1.5 Counselors in September and 2.5 Counselors in October
 - 2017 - August to October – 102/109 = 93.6% completion rate having 3 FT counselors through September 18, 4 FT counselors after September 18
- 3.3 – Mobile Unit – The district used the mobile unit for the Vaccine for Influenza Prevention (VIP) program. As of 12/19/17 the district has vaccinated 2436 students, with a few students still presenting at public health for their vaccines.

9/11/18

3.1 and 3.2 - The Kid Clinic completed its fifth year of operation.

- Medical Services – First week of school through the end of the school year.

- 2014-2015 - 1315 students received services ("students" indicates single or multiple visits by the same student).
- 2015-2016 - 1874 students received services = 43% increase in traffic from 2014-2015.
- 2016-2017 - 2703 students received services = 44% increase in traffic from 2015-2016.
- 2017-2018 - 2287 students received services = 15% decrease in traffic from 2016-2017 (Provider was gone 52 days- locum coverage – we could not process Medicaid patients at that time).
- Behavioral Health Services – First week of school through the end of the school year.
 - 2014-2015 - 403 referrals.
 - 2015-2016 - 512 referrals = 27% increase in referrals from 2014-2015.
 - 2016-2017 - 392 referrals = 23% decrease in referrals from 2015-2016 (Kid Clinic reached capacity for referrals in April, and referrals were made to private counselors).
 - 2017-2018 - Referral process discontinued through the School District. Kid Clinic is now keeping track of all referrals. Updates will be available at the end of the first quarter.
- Transportation - First week of school through the end of the school year.
 - 2014-2015 - The district was not collecting data at that time.
 - 2015-2016 - 1168 students were transported for appointments.
 - 2016-2017 - 1556 students were transported for appointments = 33% increase from 2015-2016.
 - 2017-2018 - 1586 students were transported for appointments= 2% increase from 2017-2018.
- Completed intakes to referrals – First week of school through the end of the school year.
 - 2014-2015 - 240/403 = 59.5% completion rate with two full-time & two part-time counselors on staff during that time.
 - 2015-2016 - 77/512 = 71.1% completion rate with three full-time counselors and bringing in extra staff to do intakes during that time = 20% increase from 2014/16.
 - 2016-2017 - 334/392 = 85% completion rate having three full-time counselors, one part-time counselor, and bringing in staff to do intakes = 20% increase from 2015-2016.
 - 2017-2018 - Referral process discontinued through the School District. Kid Clinic is now keeping track of all referrals. Updates will be available at the end of the first quarter.

3.3 - Mobile Unit, with approval from US Department of Health and Human Services and Health Resources and Service Administration (HRSA), was donated to Public Health.

Strategy 4: *Olweus Bullying Prevention Program*

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
4.1 Administer <i>Olweus Bullying Prevention Program Questionnaire</i> to all students in	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

Grades 3-12.								
4.2 Train on <i>Olweus Bullying Prevention Program</i> . 1. Train appropriate committee members in the <i>Olweus Bullying Prevention Program</i> . 2. Provide training for newly hired staff throughout the year.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
4.3 Facilitate <i>Olweus Bullying Prevention Program</i> with fidelity at the school level to reduce bullying.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

- 4.1 – Spring 2016 - Bullying was reduced by 23%. The district will commence administering the Olweus Bullying Questionnaire (OBQ) in February 2017, starting with Westwood High School, and will be completed by May.
- 4.2 and 4.3 – 2015-2016 school year - All Campbell County schools were implementing Olweus as their bullying prevention program.
- The Stocktrail Elementary committee will be trained in the spring of 2017, and the program will be implemented in the fall of 2017.
 - All new teachers received the first 3 of 6 hours of training during induction. The rest of the training is being provided in the respective buildings.

07/19/17

- 4.1 – Spring 2017 – The Olweus Bullying Questionnaire (OBQ) was administered at all schools between February 23 and May 9, 2017. Results of the OBQ for the 2016-2017 school year will be available in the fall of 2017.
- 4.2 and 4.3 – 2016-2017 school year - All Campbell County schools, with the exception of Stocktrail Elementary, have implemented Olweus as their bullying prevention program. The Stocktrail Elementary committee will be trained in the fall of 2017 with implementation following the training. All new teachers will receive three of six hours of training during induction in August, 2017. The remaining training will be provided in the respective buildings.

1/23/18

- 4.1 - Spring 2017 - Bullying was reduced by 22.7%. The district will commence administering the Olweus Bullying Questionnaire (OBQ) in spring 2018.

4.2 and 4.3 - 2016-2017 school year - All Campbell County schools implemented Olweus as their bullying prevention program.
 Fall 2017 school year-

- All new teachers received the first 3 of 6 hours of training during induction. The rest of the training is being provided in the respective buildings.
- Twelve new committee members from Stocktrail Elementary, Thunder Basin High School, Rawhide Elementary, and Wagonwheel Elementary were trained in a two day Olweus training.

9/11/18

4.1 - Spring 2018 – The Olweus Bullying Questionnaire (OBQ) was administered at all schools between February 23 and May 2, 2018. Results of the OBQ for the 2017-2018 school year will be available in the fall of 2018.

4.2 and 4.3 - 2016-2017 school year - All Campbell County schools have implemented Olweus as their bullying prevention program. All new teachers received training during induction in August, 2018. In addition, we have scheduled a number of Positive Behavioral Instructional Supports (PBIS) workshops within the district for both elementary and secondary schools to address all behavioral issues. Notwithstanding, we have a group of administrators who are getting trained to lead their schools in our second cohort starting this school year. At the end of the school year, all CCSD schools should be trained in PBIS.

Strategy 5: Suicide Prevention

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
5.1 Comply with Jason Flatt Act 1. Required staff will complete eight hours of training in suicide prevention within four years. 2. First-year teachers will complete two hours of training within their first year of being hired.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
5.2 Conduct annual screening of all students in Grades 7-12 for depressive symptoms using	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

the <i>Signs of Suicide (SOS)</i> suicide prevention screener.								
5.3 Provide interventions for at-risk students by partnering with local mental health agencies.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
5.4 Provide annual suicide awareness and prevention training for all staff.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
5.5 Implement a peer-to-peer program in all secondary schools.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

5.1-5.5 – A new policy is being developed which is in the final stages of the vetting process.

- Question, Persuade, Refer (QPR) – Student Support Services (SSS) has conducted 8 QPR trainings for CCSD employees and 3 for the community since August for a total of 321 CCSD employees receiving QPR specific training (390 including community people).
 - Transportation – completed
 - Maintenance – completed
 - Educational Services Center (ESC) staff – completed
 - Monthly staff development trainings are ongoing
 - Nutrition Services – February 8, 2017
 - Educational Support employees and substitutes will be scheduled for early release days during second semester.
- Signs of Suicide
 - Sage Valley Junior High School – completed
 - Westwood High School – completed
 - Wright Junior/Senior High School – completed
 - Campbell County High School/North – completed
 - Campbell County High School/South – postponed
 - Twin Spruce Junior High School – scheduled for 1/31/2017
- Hold On, Persuade, Empower (HOPE) Squads
 - HOPE Squad meets weekly during Advocacy time which is 11:15 a.m. till 11:48 a.m., and included seventeen active high school

members.

- Trainings:
 - Two advisors completed QPR training to be trainers
 - Fourteen students completed QPR training
 - Currently working through the ten HOPE modules
- HOPE Week
 - Monday: Hands of HOPE - At the beginning of second period all sophomores wrote uplifting messages on hand shaped post-it notes®. The hands were placed on the wall in the lunch room during lunch.
 - Tuesday: Lifesavers and Greeting - HOPE Squad members greeted students at both entrances before school started.
 - Wednesday: HOPE Movie at Lunch.
 - Thursday: Whiteout - Students and staff wore white for hope.
 - Friday: Random Acts of Kindness - HOPE Squad members greeted students at both entrances and distributed cards with random acts of kindness written on them for students to perform throughout the day.
- Future Activities
 - On the first Friday of every month, HOPE Squad students wear their t-shirts and welcome students into South Campus at the two entry doors.
 - On the last day before Christmas break, students will hand out candy canes with a message to "Be a light during this holiday season".
 - HOPE Squad advisors and a few student members will present the program to the Suicide Coalition on December 20.
 - HOPE Squad members will sell suicide prevention beanies at basketball games and tournaments during the 16-17 season until inventory is depleted.
 - The district anticipates monthly awareness events during the peak depression window (January - April) with handouts to the student body using the monies raised by selling the beanies.
 - To increase student body awareness of the program, the district will be shooting a brief interview of HOPE Squad members to be shown on Camel TV sometime during the month of December.
- Referrals
 - At this time there has been only one referral from HOPE Squad to advisors. When doing the QPR training, it is clear that directly asking about suicide is still something that needs more practice with all of the HOPE Squad members.

07/19/17

5.1-5.5 – A new policy has been developed and is still in the vetting process.

- Question, Persuade, Refer (QPR) – Student Support Services (SSS) has conducted 34 QPR trainings for CCSD employees and 5 for the community. Since August a total of 882 CCSD employees have received QPR specific training (998 including community people).
- Signs of Suicide – Signs of Suicide was conducted in all secondary schools with approximately 3,550 students learning the warning

signs and risk factors for suicide, knowing that there is help available, and where to access that help. Students were given the opportunity to speak with a counselor after completing a self-assessment for risk for depression.

- Hold On, Persuade, Empower (HOPE) – HOPE Squad was implemented at CCHS -South Campus. It will resume at Thunder Basin High School in the fall of 2017 and expand to CCHS during the 2017-2018 school year.

1/23/18

5.1-5.5 - A new policy has been developed and has received final approval from the board. A snapshot of the activities follows:

- Question, Persuade, Refer (QPR) – Student Support Services (SSS) has conducted QPR trainings for 174 CCSD employees since August.
 - Transportation – January 15th, 2018
 - Maintenance – Spring 2018
 - Educational Services Center (ESC) staff – Spring 2018
 - Staff development trainings are ongoing – 4 completed
 - Nutrition Services – Spring 2018
 - Hope Squad leaders, community members – February 13th 2018
 - Four CCSD employees will be QPR suicide prevention Gatekeeper Instructors – Spring 2018
- Signs of Suicide
 - Sage Valley Junior High School – completed
 - Westwood High School – completed
 - Wright Junior/Senior High School – completed
 - Campbell County High School – completed
 - Thunder Basin High School – completed
 - Twin Spruce Junior High School – scheduled for 1/25/2018
- Hold On, Persuade, Empower (HOPE) Squads
 - HOPE Squad meets weekly at both Gillette high schools during advocacy time which is on Tuesdays, 12:44 p.m. - 1:18 p.m. CCHS is beginning its first year of the program and has 16 active high school members. TBHS, which is in its second year of the program, has 27 active high school members.
 - Trainings:
 - Three advisors have completed QPR training to be trainers.
 - Thirty-five HOPE Squad students have completed QPR training.
 - Both Gillette high schools are currently working through the ten HOPE modules.
 - HOPE Squad activities include:
 - Thanksgiving – HOPE Squad at TBHS presented “Finding Hope Through Gratitude” - students wrote uplifting

messages regarding what they were grateful for on post-it notes®. The notes were placed on the wall in the entry hallway.

- Parent night was held at TBHS to inform parents about their program.
- TBHS Greeting - HOPE Squad members greet students at both entrances before school starts, welcoming them to school that day. They will continue to do so twice a month.
- TBHS - Video spotlighting HOPE Squad members played during morning announcements.
- CCHS – Hot chocolate with the administration: HOPE squad members passed out candy canes to students who came and visited with administration.
- TBHS HOPE Squad members visited the YES house, crisis shelter, and a group home to familiarize themselves with services offered.
- TBHS HOPE Squad presented a mock “Q & A” presentation to Prevention Management Organization to share information on their program.
- TBHS HOPE Squad supported a “secret elves” program where students sent positive notes and packages to students in need of support.
- Future Activities
 - CCHS is planning a video to introduce HOPE Squad to the school.
 - CCHS is planning monthly events to promote student communication with HOPE Squad members.
 - TBHS has created HOPE Squad “Bolt Woman” and “Bolt Man” characters to portray positive role models within the school. Short clips of the characters doing good deeds will be shown during advocacy.
 - TBHS HOPE Squad plans to “meet and greet” students at Sage Valley Junior High School as they enter the building in January 2018.
- Referrals
 - At this time there has been one referral from HOPE Squad to advisors at CCHS. TBHS advisors have received 5-7 referrals from their HOPE Squad.

9/11/18

5.1-5.5 A snapshot of the activities follows:

- Question, Persuade, Refer (QPR)
 - Transportation – January 2019
 - Maintenance – Spring 2019
 - Staff development trainings are ongoing; 73 staff were trained Spring 2018
 - Nutrition Services – Spring 2019
 - Four CCSD employees became certified as QPR suicide prevention Gatekeeper Instructors – Spring 2018
- Signs of Suicide

- o Sage Valley Junior High School – December 2018
- o Westwood High School – October 2018
- o Wright Junior/Senior High School – Spring 2019
- o Campbell County High School – November 2018
- o Thunder Basin High School – November 2018
- o Twin Spruce Junior High School – December 2018
- Hold On, Persuade, Empower (HOPE) Squads
 - o TBHS and CCHS HOPE Squads meet weekly during advocacy time. CCHS is beginning its second year of the program and has 16 active high school members. TBHS, which is in its third year of the program, has 31 active high school members.
 - o Twin Spruce and Wright Junior Senior High will begin their first year with HOPE squads this fall.
 - o Trainings:
 - Six advisors have completed QPR training to be trainers.
 - Three advisors will attend HOPE squad advisor training October 2018.
 - HOPE Squad students complete QPR training.
 - Both Gillette high schools are currently working through the ten HOPE modules.

Strategy 6: Skills-Based Health Curriculum

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
6.1 Provide and instruct required health courses in Grades 7-12.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

6.1 – Ongoing

07/19/17

6.1 – CCSD continues to provide health course programming in grades 7-12. Seventh and eighth grade students are required to take a .25 credit health course in both seventh and eighth grade. These courses are designed to promote healthy life choices and lifestyles for our students and meet the muster of the state’s content performance standards. With the ninth grade moving to our high school grade configuration, students have an option to take a .5 credit health course in grades 9-12. This course requirement generally is appeased in the ninth or tenth grade and meets the rigor of the state’s content performance standards as well as meeting the graduation requirements for CCSD#1. In total, CCSD students receive one year of health programming if they matriculate through the system in grades 7-12.

01/23/18

6.1 – Health teachers, with the support of the Curriculum Leadership Institute, has scoped and sequenced the district’s K-12 health curriculum to include bundled and prioritized standards. A learning continuum has been created identifying the pacing of the standards across grade levels. The current work will now focus on generating formative and common formative assessments in support of our DAS.

09/11/18

6.1 – The K-12 health curriculum has completed its standards work and is engaged this year in the development of new formative and common assessments to support the DAS.

Strategy 7: K-12 Physical Education and Physical Activity

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
7.1 Identify and implement best practice instructional strategies to improve student fitness during physical education classes.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
7.2 Incorporate action-based learning for all students in Grades K-2 through physical education classes.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
7.3 Provide training opportunities for staff in S’cool Moves.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
7.4 Support Get Yourself Moving (GYM 60) curriculum.	07/01/2016	6/30/21	In Progress	In Progress	Inactive	Inactive		

12/13/16

7.1 – Working to identify a scope and sequence for K-12. The district will continue to work on this. All K-12 fitness testing assessments and reporting have been aligned.

7.2 – All elementary teachers are using action-based learning (ABL) with kindergarten. Information is being collected from elementary teachers on how much it is being used in Grades 1 and 2. The district will continue to work on this.

7.3 – New staff will be trained in the second semester of this year.

7.4 – Ongoing

07/19/17

- 7.1 – Current best practice strategies are being deployed in our physical education programming to meet the PE Content Performance Standards. Work has been focused on creating performance based assessments that drive quality instruction within our District Assessment System (DAS). Beyond traditional PE activities like dodgeball and team sports, the focus has been in identifying the actions stated in the deconstructed standards, and develop teaching strategies that meet the standard expectation through functional activities. In addition to adjusting activities that support the learning continuum, emphasis has been placed on crafting common formative assessments to be used across the district by grade-level to assist in the PLC process and to gauge teaching and learning in our schools.
- 7.2 – Action based learning continues in grades K-2. There has been less focus on this programming since the elimination of fitness coordinators in our elementary schools. To supplement this strategy, teachers have been focusing on main motor skill development through common lessons that stress functional motor movement during skill development instruction. Teachers use a variety of instructional practices to incorporate skill development with regards to healthy exercise with motor skills. This approach is augmented in our literacy curriculum with Zoophonics.
- 7.3 – S’cool Moves is currently being researched and investigated as a best-practice strategy for physical education instruction in CCSD. At this time S’cool Moves is not being deployed in our classrooms.
- 7.4 – Gym 60 is currently not a focus for PE instruction due to the staff structure and schedule not supporting the current learning continuum in our elementary classrooms. Policy, in addition to supportive instructional strategies, is being reviewed to address current organizational practice which represents the quality instruction taking place in our PE classrooms. Now that students have an opportunity for daily PE daily in grades 7-12, the expectation of 60 minutes of activity can be achieved. At the elementary level our instructors are crafting lesson plans that meet the muster of our standards and expectations in addition to maximizing student contact minutes for quality outcomes.

01/23/18

- 7.1 – Continued work focusing on best practice and high yield instructional strategies are being piloted throughout the physical education classes in CCSD. This has been ongoing due to the change in the schedule impacting class engagement time due to setup and course preparation. Continued focus on developing assessments that are rigorous and which meet the success criteria for our DAS system continues to be the focus of our PE teachers. This is in relation to the scope and sequence work being conduct on both our Health and Physical Education curriculums. The culminating product and goal is to have an aligned K-12 PE and Health curriculum with supportive common formative assessments and with resource support to ensure a quality health experience for our students.
- 7.2 – Action based learning continues to be the focus of our K-12 PE curriculum, but this will be changing due to the scope and sequence requiring a change in high yield strategies that support the adopted performance standards within health and PE. Continued monitoring and adjusting instruction based on formative assessments so students gain the knowledge and skills need to be successful within our learning system and beyond will be the foundational approach of our PE curriculum. Instruction that includes action based activities will be an essential component to our PE curriculum.

7.3 – No additional movement regarding S’cool Moves has been accomplished, but it will be included in the resource conversation with scope and sequencing for our PE curriculum.

7.4 – No additional movement with GYM 60 has occurred since the last update. Gym 60 is not the primary resource or delivery method for current PE instruction, but will be included in the scope and sequence conversation in the spring of 2018.

09/11/18

7.1 – Continued work focusing on best practice instructional strategies are being applied in CCSD physical education classes. This has been an ongoing endeavor supported by professional development which addresses class engagement and course preparation. Focus on developing assessments that are rigorous and in accordance with the DAS, will continue for the PE teachers of CCSD. This is in relation to the scope and sequence work being conducted on both Health and Physical Education curriculums. The goal is to have an aligned K-12 PE and Health curriculum with supportive common formative assessments and resource support to ensure a quality health experience for our students.

7.2 – The scope and sequence support the adopted performance standards within Health and Physical Education. Instruction that includes action based activities are an essential component of the P.E. curriculum. CCSD P.E. teachers will continue to work on formative assessments and measures of student knowledge and skills within the instructional design of the P.E. continuum.

7.3 – Following the resource conversation from last year, the district continues to provide training for S’cool Moves to new teachers and para-professionals on an annual basis.

7.4 – There is no additional movement regarding GYM 60 since the last update -- Is inactive at this time.

Measureable Objective 2: The District will provide wellness programs and services to support all staff.

Measures: Participation percentages, biometric assessment results, and a discounted health insurance premium

Strategy 1: Staff and Spouse Participation in the Power of Wellness (POW) Program

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
1.1 Present wellness and insurance updates at all buildings.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
1.2 Orient and emphasize POW program to all new employees.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
1.3 Provide a biometric assessment opportunity.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
1.4 Encourage participation in the	07/01/2016	6/30/21	In	In	In	In		

district-provided blood draw to achieve the highest possible discount available from insurance provider.			Progress	Progress	Progress	Progress		
1.5 Provide wellness incentive for employees. (POW), (POW2)	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

12/13/16

- 1.1 – Presentation of current wellness and insurance information at all buildings since November.
- 1.2 – Attendance at all new hire orientations, as well as new hire teacher orientation to ensure all new staff are educated on the wellness program and what is required for them to start earning the monthly incentive.
- 1.3 – Biometric testing will begin in the spring and runs February through May. The results from this screening period will be effective September 2017. CCSD has moved to a 3-year contract with CCH’s Wellness Team. This will provide many more opportunities for the blood draw, with a clinic site in Gillette.
- 1.4 – For the first time, CCSD hit the goal of 85% participation with last year’s blood draw. The final completion rate was just under 91% for staff and spouses. CCSD earned a 4% reduction in their insurance premiums beginning July 1, 2016, which is essentially a \$0 increase in insurance premiums for the 16-17 school year
- 1.5 – A new wellness coordinator and has been hired.
 - POW2 program incentives will be delayed one month due to the wellness coordinator position being vacant for a period of time.
 - There were 210 employee participants in the POW2 program during 2015.
 - There will be just under 200 employee participants in POW2 in 2016.
 - The decrease in POW2 participation is due to more employees enrolling in the district insurance rather than being part of POW2.

07/19/17

- 1.1 – An insurance and wellness presentation was given at each school and department before or during open enrollment.
- 1.2 – Attendance at all new hire orientations is ongoing.
- 1.3 – Our annual employee wellness screenings were held February through May.
- 1.4 – Out of 1,611 employees and spouses covered on CCSD insurance, 1,498 completed the wellness screening, equating to a 93% participation rate.
- 1.5 – Our new Wellness Coordinator is thriving in her new position. She had 202 people participate in the spring POW-2 assessment.

1/23/18

- 1.1 – We have begun wellness meetings in buildings, and will complete them in January.
- 1.2 – Continued attendance at all new hire orientations, as well as new teacher orientation, to ensure all new staff are educated on the

wellness program and the requirements for them to start earning their monthly incentive.

- 1.3 – Wellness screenings will begin February 13th, and run through May 4th. The results will be effective September 2018 when the new incentive begins. We are in our second year with the CCH Wellness team and are very impressed with our partnership thus far.
- 1.4 – We will continue to educate staff on the importance of participation in the wellness screening. Not only is the monetary incentive important, but screening for chronic and emergent health concerns is our top priority.
- 1.5 – We completed our POW-2 program in November. We had 209 staff members complete both assessments, and they received their incentive on the December paycheck.

9/11/18

- 1.1 – Meetings with CCH Wellness team will take place in October. The final schedule for our annual wellness screening will be established at that time. After releasing the final schedule, building principals and department supervisors will be contacted to schedule a wellness meeting for all staff.
- 1.2 – Wellness information was presented at all back to school in-services, as well as new teacher orientation. There is continued attendance at all new hire orientations to ensure all new staff are educated on the wellness program and the requirements to start earning a monthly incentive.
- 1.3 – Wellness screenings will begin in February and run through the first part of May. The final schedule will be established in October, and disseminated thereafter. The results from this wellness screening will be effective September 2019 when the new incentive begins. We are in our third year with the CCH Wellness team and continue to have a great working relationship.
- 1.4 – We will continue to educate staff on the importance of participation in the wellness screening. Not only is the monetary incentive important, but screening for chronic and emergent health concerns is our top priority. For our 2018 wellness screenings, we had a 92.2% completion rate, and earned a 4% discount on our insurance premiums. This meant a 0% change in our insurance premiums for the 18-19 school year.
- 1.5 – We completed the first of two assessments in the Spring, with over 200 participants. These participants will complete a follow-up assessment this Fall in order to earn their incentive in December.

Strategy 2: District Health and Wellness Programs For All Staff

Activity	Begin Date	End Date	Status 12/13/16	Status 07/19/17	Status 01/23/18	Status 09/11/18	Status	Status
2.1 Offer district-wide health and wellness opportunities.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
2.2 Support building level health and wellness opportunities.	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		
2.3 Support employee and family counseling provided by the	07/01/2016	6/30/21	In Progress	In Progress	In Progress	In Progress		

district employee assistance program.								
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12/13/16

- 2.1 – The CCSD wellness team has been working on creative strategies to get people involved in the wellness challenges in the absence of incentives.
- Approximately 400 people signed up for the fall “NFL” challenge
 - A wellness day was awarded to a participant
 - “Get Yourself off the Shelf” challenge is currently in progress
 - Two wellness days will be awarded to participants
 - The annual “Jingle Bell Run/Walk has over 100 participants each year
 - The event had 103 participants despite -13 degree weather
 - Seventeen local business donated prizes
- 2.2 – Presentations are made at staff meetings regarding wellness challenges, health insurance rates, health insurance changes, health insurance costs, and information on programs. Wellness representatives are supported with information and programming for individual departments and schools.
- 2.3 – Work has been done with the student support services director, counselors, nurses, and wellness representatives on disseminating timely and pertinent material related to mental health service materials supplied by vendor Magellan (i.e., suicide prevention, holiday stressors, national disasters, etc.) The district will continue to share information regarding the mental health counseling benefit through employee meetings and orientation.

07/19/17

- 2.1 – The CCSD Wellness team is continuing to work on strategies to get people involved in wellness opportunities in the absence of monetary incentives.
- Approximately 200 people completed the “Spring Training” challenge and the “Healthy Life” challenge. Both challenges awarded a convenience day for one lucky participant who completed the challenge.
 - CCSD’s wellness team took part in United Way’s Helping Hands event, encouraging students and staff to donate items for charity with the competitions among schools to win an ice cream party. The event was a huge success, and CCSD donated thousands of items, equating to over \$8,500 in goods – from diapers and baby food to canned goods and peanut butter.
- 2.2 – Presentations on pertinent wellness and insurance information will continue as necessary.
- 2.3 – Mental Health service information dissemination is ongoing.

1/23/18

- 2.1 – The wellness team has been working hard to get staff involved in our wellness challenges. We are currently giving away one wellness day to a random winner who completes each challenge.
- We had 122 people complete the NFL challenge.

- We had 251 people participating in the 12 days of Fitmas challenge.
- Our annual Jingle Bell run was a huge success, with over 110 participants. All proceeds from this race will be donated to the Council of Community Services.

2.2 – Presentations are made at staff meetings regarding wellness challenges, health insurance rates, health insurance changes, health insurance costs, and other information on programs. Wellness representatives are supported with information and programming for individual departments and schools.

2.3 – Mental health service information dissemination is ongoing.

9/11/18

2.1 – The wellness team has been working hard to get staff involved in our wellness challenges. We are currently giving away one wellness day to a random winner who completes each challenge. We plan to offer four challenges this coming year.

2.2 – Presentations are made at staff meetings regarding wellness challenges, health insurance rates, health insurance changes, health insurance costs, and other information on programs. Wellness representatives are supported with information and programming for individual departments and schools.

2.3 – Mental health service information dissemination is ongoing.